

Somerset Youth & Community Service

Curriculum Development Grants 2017-18



Street Youth Club

£300

Setting up a peer support group and producing a film around bullying

Street Youth Club members have been developing their understanding and skills with the topic of Bullying. New members at the youth club have expressed some concern about being bullied at school and on social media for long periods of time causing in some cases for them to move schools.

In a group discussion about bullying young people realised that at some point all of them had been a victim of bullying and some were still experiencing peer pressure and identified that most of this was through social media.

The group took part in two bullying workshops (written by SCC) delivered by Mendip YMCA youth workers. This enabled the young people to explore and understand what bullying is, different types of bullying, learnt new skills to deal with being bullied and how it makes them feel. They also made 'Bully stress balls' which helped with stress and personal feelings.



The group shared their own experiences with each other which enabled them to have a common understanding and shared skills of how to deal with their feelings and actions they can take to reduce and stop bullying. And also gained a real understanding of why bullies bully, which some of them also admitted to being a bully too.

The group decided that as part on an ongoing peer support for others who are being bullied, they would like to produce a short film (<https://youtu.be/etGF01PV3-8>) explaining in their words and feelings how they feel and where to seek support.

In total eight young people aged 13 to 16 year of age have successfully took part in the bullying workshops and have produced a short film. Funds for the project have been spent on name badges for Stop Bully Peers for future peer support, green screen equipment and the hire of filming equipment and filming and editing of the film, thanks to Paddy from Children's World.